Contact Us (816) 364 - 1501 We complete assessments on a walk-in basis.

Monday - Friday 8:00-5:00

St. Joseph

Director: Martha Green mgreen@fgcnow.org (816) 676 - 7235



FAMILY GUIDANCE CENTER YOUTH **SUBSTANCE USE DISORDERS SERVICES**

At Family Guidance Center, we understand the devastating effects of substance use disorders. We understand it's a medical condition, a disease that worsens over time, hurting both the person directly, family members and other important relationships. We also know that with appropriate treatment and assistance, a healthy, happy, productive life is within the reach.

Often, individuals with substance use disorders are reluctant to seek help. They may deny that their life is out of control due to the use of alcohol or drugs until their life becomes unmanageable. It may be a family member, employer, or even the criminal justice system that leads them to our program. Occasionally, individuals come to us on their own, realizing the negative effect substances are having on their lives.

FGC services are designed to restore the lives of youth individuals (ages 12 - 17) on all levels educational, familial, social and legal. We help them do so by providing interventions and offer strategies to help them attain health and wellness. We utilize a variety of approaches to best meet individual needs and preferences. We offer individual therapy, group education, group therapy, trauma therapy, community support, peer support, family therapy, medication management and medication assisted treatment.

Medicated Assisted Treatment

Once enrolled in our outpatient services, Medication Assisted Treatment, such as Vivitrol or Suboxone may be a treatment option for those who struggle with alcohol and drug related addictions. Individuals that are eligible for medication assisted treatment are referred to this program by their individual counselor.

Co-Occurring **Disorder Services**

These services help individuals who have mental health concerns along with substance use disorders. We offer assistance in improving family relations, employment situations, and in overcoming obstacles to an individual's physical and emotional well being.

FEES: The services provided by our professional staff are available to any income level. For those who meet certain guidelines, the cost of services may be subsidized. We also accept Medicaid, Medicare and some private insurance for services provided at Family Guidance Center.

