

Children and Youth Services are available to children and youth ages 3 to 18 with a severe emotional disturbance that affects the child's ability to function effectively and develop appropriately in the home, school or community. A Community Support Specialist (CSS) is paired with the child in this program and a treatment plan is developed.



FAMILY GUIDANCE CENTER **CHILDREN & YOUTH SERVICES**

The treatment plan is individualized so that the service provided meets the child's needs and what the family would like to achieve. Family Guidance Center has school-based staff available in the St. Joseph School District buildings complete to provide services.

Serving:
Andrew County
Buchanan County
Atchison County
Gentry County
Holt County
Nodaway County
Worth County
Clinton County
DeKalb County

Family Assisted Worker (FAW)

Family Guidance Center offers more intensive skill building and behavioral intervention in the area in which the child or youth may benefit from extra support. FAWs work with the child in addition to the CSS to provide extra support to the child and family.

Youth Peer Support (YPS)

YPSs are responsible for arranging/providing services to consumers between the ages of 13 and 25 years that encourage and promote healthy functioning, recovery efforts, consumer independence/self-care and responsibility.

Family Support Partner (FSP)

FSPs work with parents or guardians by assisting and coaching the family to increase their knowledge and awareness of the child's needs; enhance problem solving skills, provide emotional support; disseminate information; linkage to services and parent to parent guidance.

Therapy

Goal-oriented therapy is provided when a person is experiencing mental health issues that interfere with his/her ability to adjust to personal, family, school/work, or social situations.

Substance Use Disorders Specialist

Family Guidance can provide specialized support aimed to treat substance use disorders or youth at risk for developing a use disorder.

Medication Management

Family Guidance Center offers medication management for behavioral health issues, to assist in regaining stability and ability to function to their highest potential. FGC Physicians and NPs assess to determine individual need for medications at an initial evaluation and provide ongoing monitoring to ensure that the medication therapies prescribed are effective.