



Serving:
Andrew County
Buchanan County
Atchison County
Gentry County
Holt County
Nodaway County
Worth County
Clinton County
DeKalb County

FAMILY GUIDANCE CENTER **THERAPY SERVICES**

Goal-oriented therapy is provided when a person is experiencing mental health issues that interfere with the individual's ability to adjust to personal, family, school/work, or social situations. Therapy can be utilized to assist the individual in maximizing strengths, reducing behavioral problems, and improving coping abilities. The individual and/or family will be encouraged to be involved in developing the treatment plan and working towards goal achievement to assist in improving their ability to communicate and function in a more positive manner.

Both individual and family therapy may be available for children and youth with Missouri Health Net, sliding scale fee and/or private insurance. Both Individual and family therapy are available for adults with private insurance. Individual therapy is available for adults with Medicare. Anyone interested in counseling services may have a walk-in assessment in our intake/therapy department in St. Joseph at 724 N. 22nd St., in Cameron or Maryville and have an assessment to determine what services we have to offer for their specific needs. If we are unable to assist you we will provide you information on other providers in the area that may be able to provide the assistance you are looking for.

Family Guidance Center accepts the following insurance:

- Aetna
- Blue Cross and Blue Shield
- Cigna
- Coventry
- Humana
- Missouri Health Net
- Medicare
- Tricare
- Freedom Network
- UMR
- UHC Community Plan
- United Behavioral Healthcare
- Ambetter

Family Guidance Center also works with the following Employee Assistance Programs:

- New Directions
- Alternative
- Missouri Western
- News Press
- Mutual of Omaha
- Cura Linc EAP
- Hyvee

We work with several EAP's for
Therapy Services.