



FAMILY GUIDANCE CENTER
for behavioral healthcare

Annual Report
FY 2018

A NEW DOOR TO MOVING FORWARD

Family Guidance Center offers more diversified behavioral healthcare services to individuals and families in northwest Missouri than any other organization in the region.



During FY 2018,
Family Guidance
Center served

5,157
Individuals

www.fgcnow.org

Crisis Line 888-279-8188
General Information 816-364-1501

Family Guidance Center Renovates and Reopens New Downtown Center with Expanded Services and Capacity

On July 18, 2018, we opened the doors of a newly renovated integrated behavioral healthcare center in downtown St. Joseph. This new facility is designed to help those living with a mental illness or substance use disorder on their journey to recovery.

Located at the corner of 9th Street and Felix, the building was built around 1920 and has stood as a launching point for change and hope for decades. In 2018, the doors opened to essentially a brand new 17,000-square foot building, although the exterior walls remain similar in appearance. The restoration included a new roof, heating, cooling and electrical systems and redesigned offices at a cost of more than \$2.5 million. This greatly expands the FGC team's capacity to serve increasing numbers of individuals in our community.



The new facility enables us to offer a wider range of our innovative, evidence-based services at various levels simultaneously – including substance use disorder treatment, mental health services and co-occurring disorders. In fact, we are the only center in northwest Missouri equipped for this unique combination of integrated services. Working in dozens of schools and workplaces, our efforts are making a difference across the community.

Our work is focused on the belief that a behavioral health diagnosis doesn't define a person. We are taking a unique, team approach to treat the whole person, both with coordinating medical care and with practical life skills so



individuals can lead a healthy, productive life. Individual and group counseling, along with medication-assisted treatment are tools for success. Psychiatric services are available in the renovated center, which includes medication assisted treatment.

The decision to stay downtown reflects an ongoing mission to be responsive and flexible in how solutions are delivered and to help the maximum number of individuals. In the larger picture, the renovation also complements larger efforts to enhance and improve the downtown region.



Adult Mental Health Services

Family Guidance Center is making a positive impact in the community with Adult Mental Health Services. During the past year, 1,985 adults received services and 83,988 personal contacts for treatment of a behavioral health condition through a full range of integrated behavioral health services.

1,985
adults served

Health Care Home

It is common for those living with a behavioral health condition to also experience a chronic health condition. Individuals with complex healthcare needs benefit from the coordination of physical, behavioral and specialty healthcare services, resulting in lowered costs and improved health. Health Care Home provided care coordination and in-home nursing services to 713 adults and 145 children. The program also provides financial benefits for Missouri taxpayers, with millions of dollars saved last year through the Health Care Home program as part of the larger network of Missouri Community Mental Health Centers.

713
adults
& **145**
children served

Children and Family Services

Children with mental illness thrive in a natural setting, so Family Guidance Center offers children both home and in-school services. The goal is to help children enjoy success at home, in school and in their community. Last year, 768 children and adolescents received treatment through 28,556 personal contacts.

768
children &
families served

Substance Use Disorder Services

Treating moderate to severe substance use disorders requires a multi-faceted approach, and the team at Family Guidance Center offers coordinated care to help individuals reach recovery. The individualized approach and diversified, evidence-based services that we offer provide the opportunity for successful disease management and long-term recovery. Last year, we served 1,415 individuals with a substance use disorder through 46,374 personal contacts.

1,415
served

2,584

Last year, FGC completed 2,584 behavioral health assessments.

502,000

The FGC team drove 502,000 miles to provide services to individuals.



"Every day Family Guidance Center is reaching out and lifting up those living with addictions and mental illness. During my 10 years as public administrator, I saw first-hand how many lives were improved – and some lives saved – by the dedicated and caring team."

Since 2007, I've been involved with this organization as a board member, serving twice as capital campaign chairman and twice as board president. I am proud of many things across my service, including lives improved, new facilities built, accreditations earned and the agency's ever-improving financial position.

The community is continuing to realize how important some programs are, such as the new supported employment offering. This means individuals can get the support they need to have gainful employment – and this is a tremendous step toward long-term stability.

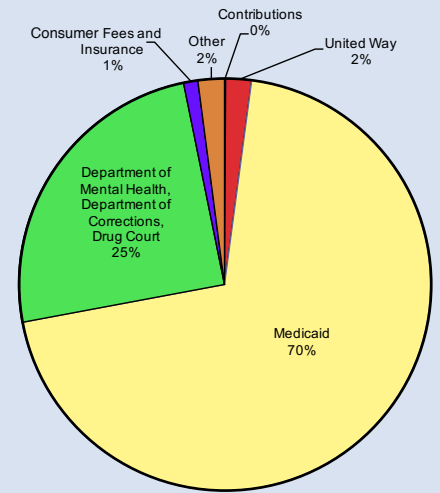
I am also very excited about the DOC/DMH program. It is designed to help those coming back to St. Joseph from incarceration, with a broad array of services designed to support them in becoming stable members of society. Together, the team at Family Guidance Center, the Board and the volunteers are demonstrating that with professional help, addiction and behavioral health illnesses can be managed – and individuals can lead better lives!

We are moving into the next chapter with expanded resources in our newly renovated Downtown building. It's time to celebrate this beautiful piece of urban renewal that aligns well with other milestones in the Downtown area. However, the project's most important contribution is the renewal it will make possible in people's lives.

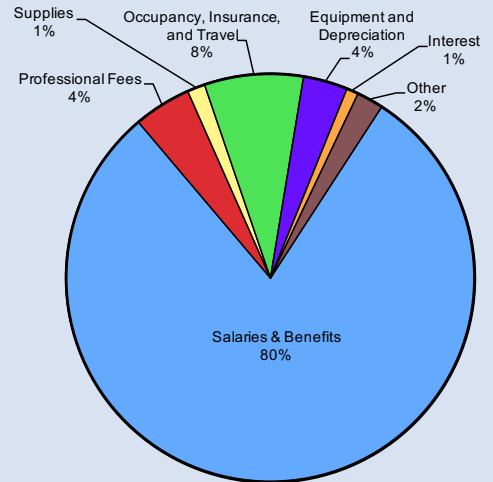
Sincerely,

Bill McMurray, Mayor

Fiscal Year 2018 Revenues



Fiscal Year 2018 Expenses



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Vice Chair	Jennifer Kneib-Dixon
Secretary	Katie Carolus
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Family Guidance Center serves nine Missouri counties. View a list of services and offices at www.fgcnow.org.

ANDREW, ATCHISON, BUCHANAN, CLINTON, DEKALB, GENTRY, HOLT, NODAWAY, WORTH.

24-Hour Crisis Intervention Line: 888-279-8188
Family Guidance Center Main Office: 816-364-1501