

## Milestones

### Family Guidance Adds Services Downtown to Meet Growing Demand for More Mental Health Services



During the past ten years, Family Guidance has seen the overall number of consumers served triple, and too often, some placed on a waiting list. Next year, Family Guidance will begin renovating our downtown location in St. Joseph at 9th and Felix. After careful study,

it was decided that rather than build a new facility or buy an existing one, the best option would be to renovate an existing 20,000 square foot property in the downtown area. The renovation will mean that Family Guidance Center joins with the community in efforts to revitalize the downtown district. It also means that services will remain easily accessible for consumers.

This building renovation will also provide a beneficial change to the way services are provided. A larger building will mean that Family Guidance will accommodate more consumers and, hopefully, eliminate the need for a waiting list for services. It also means that our team will be able to more fully integrate the services we provide. For example, a significant number of consumers with addiction issues also have physical or mental health concerns – and more space means that all of these services can be offered in a single location.

These changes will help meet a growing demand for more behavioral health services and they also mean a more streamlined, improved delivery of these services. The coming year promises to bring many positive changes for the individuals and families served by Family Guidance Center. We're proud to be on the forefront of integrated, individualized options for people of all walks of life that are living with mental illness or addiction.



Family Guidance Center serves nine Missouri counties. View a list of services and offices at [www.fgcnow.org](http://www.fgcnow.org).

ANDREW, ATCHISON,  
BUCHANAN, CLINTON,  
DEKALB, GENTRY, HOLT,  
NODAWAY, WORTH.

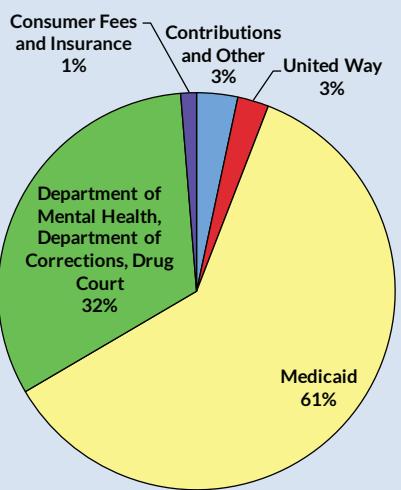
**24-Hour Crisis Intervention Line: 888-279-8188**

**Family Guidance Center Main Office: 816-364-1501**

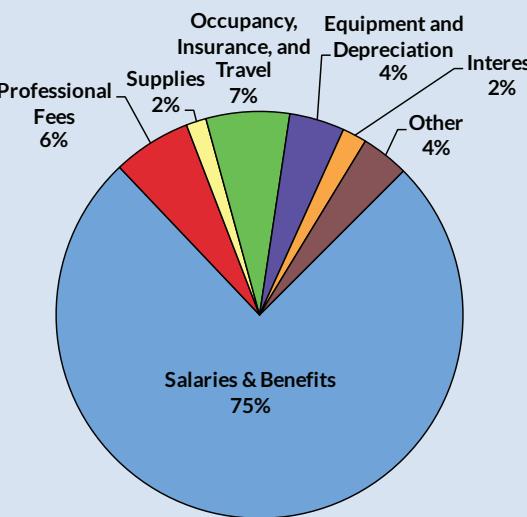
Equal Opportunity Employer  
Services provided on a  
non-discriminatory basis



### Fiscal Year 2016 Revenues



### Fiscal Year 2016 Expenses



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Annual Report  
FY 2015-2016

**REAL PEOPLE, REAL SOLUTIONS,  
REAL HOPE.**



**4,450** individuals and families were served last year

**IT'S ABOUT THE  
PEOPLE, FIRST**

Family Guidance Center offers more diversified behavioral healthcare services to individuals and families in Northwest Missouri than any other organization in the region.

This means our team helped 4,450 adults and children open a new door toward recovery from mental illness and/or substance use disorders. By integrating primary care services into behavioral health, we can partner with each person to reach a quality of life that lasts – bringing with it real solutions and real hope.

### Our Mission

Family Guidance Center exists to help individuals and families lead healthier, more productive lives by providing an array of health, social and behavioral health services.



**[www.fgcnow.org](http://www.fgcnow.org)  
Crisis Line 888-279-8188**

**General Information 816-364-1501**

## Adult Mental Health Services



In less than ten years, Family Guidance Center has tripled the number of adults we serve through mental health services. Last year, FGC partnered with 2,130 adults with mental illness on their journey toward recovery through our full range of integrated behavioral health services – demonstrating that recovery is possible.

**2,130**  
adults served

## Children and Family Services



A child experiencing mental illness has symptoms that impact their success at home, at school and in the community. We work to meet needs for pre-school and school-aged children through in-home and in-school options to help children thrive in a natural setting. Last year, our professional team helped 809 children.

**809**  
children & families served

## Health Care Home



Nearly half of all individuals with a chronic mental illness also experience a chronic health condition. Through the coordination of physical, mental and specialty health care services, consumers see improved outcomes, lower risks and lower costs. Last year we served 609 adults and 203 children who experienced improved health. Statewide Missouri Community Mental Health Centers saved Missouri taxpayers \$31 million dollars through our Health Care Home initiative.

**609** & **203**  
adults children served

## Addiction Treatment Services



Substance use disorders are a disease, and our team provides the highest level of coordinated care and experience in the region to manage this complex condition. Our individualized approach and diversified services means that each person can discover treatment options that lead to successful disease management for long-term recovery. Last year, 1,144 consumers were served with real solutions and real hope.

**1,144**  
served

## Family Guidance Center: By the Numbers

**520,000**

Family Guidance employees drove 520,000 miles in Northwest Missouri in FY16.

**2,455**

Assessments conducted across all programs during Fiscal Year 2015-2016.

**\$850,000**

Family Guidance recorded \$850,000 in uncompensated care during 2016.

### Crisis Hotline

**462**

462 face-to-face interventions were provided, generally within one hour of the hotline call.



## Christopher Thornton

*“As an IDDT Specialist with the ACT Team, my position provides me with a front row seat for seeing consumers achieve their treatment plan goals. I believe that a person’s struggle today is building strength and fortitude for whatever may lay ahead tomorrow. After 13 years of working with Family Guidance, the privilege of seeing consumers overcome challenges remains a highly rewarding part of my job.”*

*Specialized training in dual diagnosis has helped me in my current position and I look with anticipation toward the future for mental health services in light of the Missouri’s Strengthening Mental Health Initiative.”*